

Some background Information

These residential retreats with daily individual accompaniment offer a step-by-step guide into **the Gries Path of Prayer** – a way of Contemplative Praying and Living developed by Franz Jalics SJ (1929-2021) at the German Jesuit Spirituality Centre, *Haus Gries*. For those already familiar with this way of praying, the retreats provide time and space for deepening it

It's roots lie in Franz' reflection on his own experiences:

- his rootedness in Ignatian Spirituality,
- his abduction and the contemplative prayer that grew and sustained him during five months imprisonment, handcuffed, chained and blindfolded following his abduction in Argentina in 1976.
- his retreat work accompanying retreatants over many years .

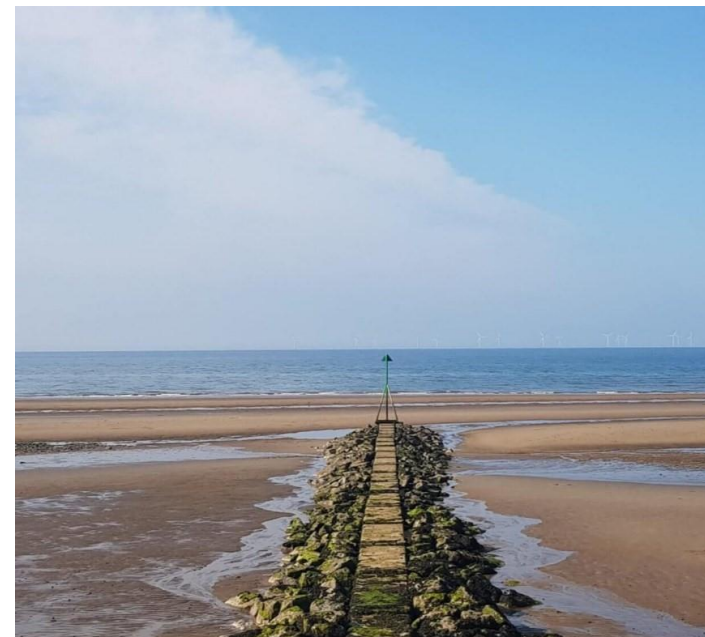
Over the last fifty years, Fr. Jalics' retreat work at *Haus Gries* spread throughout the world. Teams now lead the individually guided retreat/school for meditation in many different parts of the world. These are based on his publication:

Contemplative Retreat. An Introduction to the Contemplative Way of Life and to the Jesus Prayer. Countless local groups meet regularly to nurture a contemplative way of living through the *Gries Path* way of contemplative prayer.

The first of the retreats to be offered in the UK took place at St. Augustine's Priory, N. Wales in 2015. We remain committed to offering opportunities for developing this form of prayer in whatever way responds to the various needs. Our current programme includes residential and on-line retreats as well as the online School for Contemplation offered over a number of weeks.

Our retreat team includes members of the *Epiphany Group*.

'There are many paths to contemplation. I show you just one of them. I do not want to exalt my way above others. On the contrary, I am very happy that they exist and I appreciate them. I myself have walked the way I describe: should it help someone else to find his or her way I am satisfied.' (Franz Jalics SJ)



Residential Contemplative Retreats

In the way of Franz Jalics SJ

May 12th—21st

August 11th– 20th

Oct 8th—17th

St Augustine's Priory, Old Colwyn, Conwy, North Wales

Contemplative Retreats

In the way of Franz Jalics SJ

St Augustine's Priory North Wales

These retreats with individual daily guidance, are for those seeking to pray and live in a more contemplative way.

Dates:

May 12th—21st (9 nights)

August 11th— 20th (9 nights)

Oct 8th—17th (9 nights)



Accompaniment:

Retreatants are offered individual guidance throughout the retreat.

The retreat will be led by our team of trained Spiritual Directors, experienced in this particular way of contemplative prayer and retreat accompaniment.

Applications:

For application forms as well as any further details, please contact the Administrator at

St Augustine's Priory, House of Prayer:
enquiries@houseofprayer.org.uk
Tel: 01492 514223



Accommodation & facilities

St. Augustine's Priory, House of Prayer is situated close to the sea front, a 2 minute walk away for guests to enjoy the spectacular coastal views and the sounds of the sea.

There is a public sensory garden 2 minutes away and other pleasant parks close by. There are many more places of interest which are accessible by car, bus or train.



The accommodation comprises of 13 single en-suite rooms, 1 twin en-suite room and 2 double en-suite room, five of the single rooms, one double and one twin room are accessible by a lift.

There is a large Dining Room which seats 20 people, with further seating for 6 in a smaller Dining Room.

We also have: a Sitting Room with a TV; Reading Room; small Library/sitting room with a TV; a Meeting Room; Rooms for 1-1 meetings during Retreats and an Art Room.

There is a free on-site car parking area and street parking.

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