## Station 3: The Grieving Blessed are those who mourn for they will be consoled Matthew 5: 4



You are blessed when you feel you've lost what is most dear to you.

Only then can you be embraced by the One most dear to you.

The Message- Eugene H Peterson

People suffer greatly as the monsoons come too soon or too late or not at all.

Lives have been lost in the heat that is unprecedented and yet will only get more extreme.

Families are displaced from their homelands to make room for agricultural-industry. It is not only the human community which mourns but the land also mourns in response to broken relationships in human and other-than-human communities.

In particular the plight of those Earth creatures who mourn the loss of companions from a species or habitat as a result of destruction by wanton human power.

We are blessed when we accept our experience of sorrow and when we can mourn with the poor so that they are not alone in their sorrow.

When we mourn, we forget ourselves for a moment and get lost in someone else's pain, and then, find ourselves in the very act of getting lost.

When we mourn with hope we will grow in courage and compassion.

