

## INDIVIDUALLY GUIDED RETREAT

Sunday 18<sup>th</sup>. October – Saturday 24<sup>th</sup>. October, 2009

St. Drostan's Lodge, Tarfside, Glen Esk.

During these days there will be an opportunity to listen to God and to come to know God and self more.

There will be time for prayer and reflection and for sharing your experience each day with a retreat guide who can make suggestions for further prayer.

There will be freedom to plan your day as you wish – to walk in the surrounding hills, to sit in the lodge or in the church next door.

The retreat will be held in prayerful silence.

£40 is what we are suggesting for full board per day and for daily guidance. However, any contribution will be gratefully accepted!

It is possible to come for less than the full number of days.

Please send the completed form as soon as possible with a deposit of £40. (Cheques to 'Epiphany Group, Aberdeen') to -

Carole Phelan,

Hilsea Cottage, 2, Loirston Road, Cove Bay, Aberdeen, AB12 3NS.

.....  
.....

### Retreat Application Form

I would like to participate in the Individually Guided Retreat at St. Drostan's on the

following days/nights (please tick):

#### October

Sunday 18<sup>th</sup>.

Monday 19<sup>th</sup>.

Tuesday 20<sup>th</sup>.

Wednesday 21<sup>st</sup>.

Thursday 22<sup>nd</sup>.

Friday 23<sup>rd</sup>.

I enclose a deposit of £40 (cheques to 'Epiphany Group, Aberdeen')

I will pay the balance of what I intend to pay by **Sunday 18<sup>th</sup>. October.**

Name

Address

email

Phone number

Any dietary requirements?

Any other questions?