

Report from The Perth Group, 2010-2011

The theme for our past season of Quiet Days was 'Journeys' when we looked at Biblical journeys and our own journeys, actual and spiritual. Key passages from Scripture were on the Exodus, the Exile, the return from Exile, which, though bad and unhappy times, were transforming. The Israelites became a people, their priests began to reinterpret the older prophets, and they finally returned home to their old lands and to rebuild the Temple. We go through our own times of exile and recovery, and our experiences, if we accept them, lead us to maturity and self-hood. We can sing the Lord's song in a strange land!

In addition, there was a day of meditation on the journey of various natural forms, from their creation to the present day.

Three of our members were involved in a Lenten Retreat in Daily Life in the Blairgowrie area, which was very well taken up.

As part of the diocesan initiative of "Casting the Net" some of our members provided a spirituality workshop 'Seeing with the Mind's Eye', an art-based form of meditation.

Our annual retreat was held in St Drostan's, Tarfside in August when we had a whole week of sunshine! The theme there was 'Names', the meaning of the names of God and Jesus, personal names, place names - Biblical and Scottish - and the names of flowers, birds and trees.

We held some of the days at various venues in the diocese and were welcomed most hospitably. As always, though, our main base is Celia's house in Perth and we gratefully record our thanks to her.

Libby MacRae
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