

**Training  
in  
Spiritual Conversation  
2009/2010**

For those with some background in spirituality  
who would like to learn more about spiritual conversation

**TEACHING TEAM**

Elizabeth South, Cath McManus and Julia Ling

*organised and presented by*

**EPIPHANY  GROUP**

rooted in the Ignatian tradition

**FOR WHOM IS THE COURSE INTENDED?** There is increasing interest in the spiritual journey and how it relates to living faithfully in today's world. This speaks of a need for people skilled in spiritual conversation. This training programme builds on the foundation course Growth in Prayer and Reflective Living, and encourages participants to accompany others in their inner journey.

**ENTRY REQUIREMENTS:** Applicants should have completed Growth in Prayer and Reflective Living or a comparable course. Consideration may be given to applicants with comparable experience which includes knowledge of different ways of praying and basic Ignatian discernment. Applicants are expected to have experience of regular spiritual direction and preferably an individually guided retreat.

**PRACTICE IN SPIRITUAL CONVERSATION:** Participants are expected to be accompanying others in their spiritual journey, so as to be able to apply course learning, and to reflect about this experience in small groups and with your tutor. Ideally this means spiritual conversation with 2 people on a regular basis.

**COURSE CONTENT:**

- Module 1 Introduction to Spiritual Conversation - Listening Skills
- Module 2 Personal Prayer - Ways of Praying
- Module 3 Discernment according to St Ignatius
- Module 4 Spiritual Conversation

Training sessions are on **Wednesdays 7-9.30 pm, plus 2 weekends at the start and finish,** on the following dates:

October '09	21, opening w/end 24/25 (pm only), 28
November	4, 1, 18, 25
December	2, 9, 16
January '10	13, 20, 27
February	3, 10, 17, 24,
March	3, 10, 17
April	14, 21, 28
May	5, 12, closing weekend 15/16

Each participant meets with his/her tutor for a half-hour tutorial once a month between 6 and 7 pm before the training session starts.

**METHOD:** The programme is experience-based and uses small group, role plays, case studies, personal reflection, input and discussion as methods of learning. There is one written assignment for each module.

**ATTENDANCE:** Participants are expected to attend all sessions. If a session is missed, due to illness or unforeseen events, you are expected to cover the teaching and material missed by meeting with at least one other participant.

**SPIRITUAL DIRECTION:** Participants are expected to be receiving regular spiritual direction. Your tutor may help you to find a spiritual director if necessary.

**VENUE:** Gillis Centre, 100 Strathearn Road, Edinburgh  
(Opening w/end will be at Christ Church Centre)

**FEES: £475.** A registration fee of £30, deductible from the total cost, is payable when an applicant is accepted. The balance may be paid in instalments.

*In the case of financial difficulty, applicants are encouraged to seek funding from other sources. Limited assistance may be available from the Epiphany Group Bursary Fund.*

**APPLICATIONS:** *Please apply as soon as possible and **not later than 18 September 2009**.*  
Applicants may be interviewed. A minimum of ten successful applicants is needed for the course to run.

Your application will be acknowledged (by e-mail if possible) and a letter of confirmation will be sent close to the start of the course with final details.

**Please send your application form to:**  
*(before 18 September 2009)*

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**The Epiphany Group is supported by the Society of Jesus  
and works in collaboration with  
the Ignatian Spirituality Centre, Glasgow and the Jesuit Community, Edinburgh**